Soto Mission of Hawaii 1708 Nuuanu Avenue Honolulu, HI 96817

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# Soto Mission of Hawaii Betsuin Newsletter

NOVEMBER 2021



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### Eitaikyo and 33 Kannon Osuna Fumi Service

On November 21 at 9:30 AM, we will be having our annual Eitaikyo and Osuna Fumi Services. Eitakyo Service is a perpetual service dedicated to members who asked the temple to conduct an annual memorial service every year. Many of the members who do not have a family to take care of them after their death or those who wish not to burden their family may choose to have the temple take care of them.

We offer two types of perpetual care currently:

- 1) Eitaikyo (Perpetual) Service = Minimum donation of \$300 to have your name in the Eitaikyo Chronicle Book.
- 2) Nokotsudo Perpetual Care = Minimum donation of \$3000, where the ministers perform prayers every morning: You will also reserve a nitch in our columbarium or nokotsudo.



\*Perpetual care means 1 generation (the individual being prayed for 50 years. 50th year memorial service is the last service that is done for deceased lay members)

The second service in conjunction with the Eitaikyo service is called the Osuna Fumi Service.

Osuna or Suna means sand and Fumi means to step on. Osuna Fumi is a special service where we bring down the 33 Kannon Bodhisattvas that are enshrined on the altar. These Kannon Bodhisattvas are a replica of the 33 Kannon Bodhisattvas of the pilgrimage temples in Western Japan. This is an unique service where ministers/jizoku/members of our temples who collected the sands from each of these temples and along with the Kannon Bodhisattvas, we are able to practice the pilgrimage of going to the 33 temples here in Hawaii.

Even to this day, many people throughout Japan and around the world pilgrimage through the 33 temples in Japan. If you are interested or have questions about Eitaikyo (Perpetual Care), please call the temple. If you would like to place your name in the Eitaikyo Chronicle Book or the Nokotsudo Perpetual Care, please contact the temple. Any donation to the temple for the service is greatly appreciated.

## **Annual Temple Fundraiser (December 5)**

As mentioned in the last newsletter, we will be having our annual temple fundraiser on December 5. You should have received your tickets (6) in the mail if you live in Hawaii. We sincerely ask for your help.

Pick up date is Sunday, December 5th, from 8:00 am to 12:00 noon at Soto Mission's front parking lot. We sincerely ask for your support.

Here are some simple yet tasty recipes from Kala Kokua using the jumbo arabiki sausage and the always popular flame broiled seasoned pork.





#### FUNDRAISER \$11.00 0624

Soto Mission of Hawaii Fundraiser
Kala Kokua's 2pk-9oz. "JUMBO" Arabiki Sausage
(Coarse Ground Sausages Made with Pork)
ek up Date: Sunday, December 5, 2021
ek up Time: \$400pm to 12 none

Pick up Date: Sunday, December 5, 2021
Pick up Time: 8:00am to 12 noon
Pick up Location: Soto Mission of Hawaii
Address: 1708 Nuuanu Avenue Hon. HI 98817
ONE DAY PICK UP ONLY

#### Smoked Meat Quesadilla

2 - 10" flour tortillas

Chop smoked meat in small bite size pieces

Use 1/2 cup smoked meat

1/4 cup cheddar cheese or more if you like cheese

Sprinkle between tortillas

Cover with pan cover and steam

Flip tortilla and heat till cheese is melted

Dip in sour cream, guacamole and taco sauce or salsa

#### Arabiki Sausage Fried Rice

Arabiki sausage chopped in small squares

Left over rice

2 eggs

Oyster sauce

Garlic powder

Salt & pepper to taste

Heat 2 tablespoon oil add garlic powder

Fry Arabiki

Add rice and mix add oyster sauce and salt and pepper to taste

Make space in middle of pan add eggs and heat till scrambled then mix in with rice

## Let's Learn About Soto-Shu: 33 Kannon Osuna Fumi (Pilgrimage) and the History within Soto Mission of Hawaii

The 33 Kannon Osuna Fumi Service is an ancient practice that began over 400 years ago in Japan. This is a pilgrimage that a devoted individual would walk from one temple to another praying for the guidance of Kannon Bodhisattva throughout their journey. Kannon Bodhisattvas are known for Love, Mercy, and Compassion and they help Buddhist to understand the essence of living cooperatively amongst their family, friends, and their community.

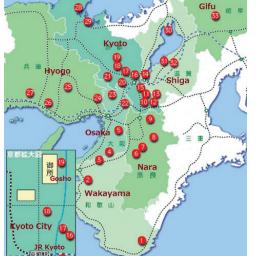
In Hawaii, the worshiping of Kannon Bodhisattva dates back to the plantation era, where Japanese immigrants sought spiritual comfort in

their life of hardship and struggle.

However, one had to travel

thousands of miles to Japan to do the pilgrimage. Living in Hawaii, it was impossible for the immigrants to do so. Hearing of the dilemma, Bishop Zenkyo Komagata and devout members gathered the soils from the 33 Kannon temples and brought them to Hawaii so that everyone here was able to do their pilgrimage. In 1926, the 33 Kannon Bodhisattvas along with the soils have been enshrined here at Soto Mission of Hawaii. However, after decades, this tradition was forgotten, until recently.

With strong determination by Bishop Shugen Komagata, his wife Mrs. Faye Komagata, and with the help of dedicated members of Kannon-ko, we were able to revive the tradition that was lost for decades.





#### ANNOUNCEMENTS

#### -Membership Dues and Nokotsudo Maintenance Fee

If you have not paid your membership dues and nokotsudo maintenance fee for 2021, please remember to send them in at your earliest convenience. Thank you for your support.

#### -Upcoming Events

November 21 Eitaikyo and Osunafumi Services

December 5 Annual Temple Fundraiser (Kala Kokua Product)

December 19 End of the Year Temple Clean up

#### -Temple Hour Changes

November 11 Temple closes at noon in observance of Veteran's Day

November 25 Temple closes at noon in observance of Thanksgiving Day

#### **ACKNOWLEDGMENT OF DONATIONS**

Thank you to the following individuals and organizations for their generous donations in September.

#### Fall Higan and Kannon-ko Service Donation

Katherine Higuchi, Bernice Koike, Mary & Arden Loomis, Linda Unten, Ellen Nishimura, Sally Nozaki, Jamie Peterson, Toshio Ozeki, Thomas & Chiye Itagaki, Warren & Karen Motosue, Keiko Kawagishi, Mona Sawai, Gertrude Kihara, Hiromi Shimada, Jean Maekawa, Miyeko S. Hashimoto, Helen Tsuchiya, Susan Peabody, Carrolyn Iwamoto, Milton S. & Grace A. Saito, James S. Koga, Marguerite Y. Aono, Wayne J. Warashina, Akiyo Fujioka, Gary M. & Laura M. Nakamura, Arthur & Velvet Yoshinami, Ethel Watanabe

#### **Memorial Service / Funeral / General Donations**

Kay F. Nishimoto, Linda & Gordon Kitsuwa, Ryuko Kokuzo, Dara T. Lungphinith, Ellen M. Nishimura, Family of the late Florance Hamano, The Aikido Ohana, Ann Look & Onosaki Family, Miles Kasahara, Toshie Fukushima, Karen Dickenson, Linda Unten, Michael Shimoko, Alan T. Yuasa, Kenneth Kunisaki, Hawaii Soto-Shu Head Office, Amy Dang, Michael & Joan Dang, Edward & Mary Tanabe, Janet Oasa, Clayton Kirio, Linda Shirai, Ellen Nishimura, Toshie Fukushima, Jon & Cynthia Nishimura, Annette Matsumoto, James J. K. Oh, DDS Inc., The Aikido Ohana, Family of the Late Tsuneko Apaka, Miles Kasahara, Katherine Higuchi.





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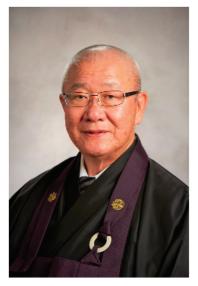
## Bishop's Message:

#### Aloha!

I hope this message finds you in good health and spirit! In what now feels like a very long time, the COVID-19 pandemic continues to loom over the world. I extend my thoughts and prayers to you and your family.

Personally, I had high hopes to be able to travel again to visit relatives in Japan and enjoy the summer season of Bon Dance in Hawaii. However, Japan still requires everyone entering the country to quarantine, and large public events in Hawaii are still not allowed. Additionally, I recently suffered a compression fracture in my already injury plagued spine. I would say that 2021 isn't going the way I had expected.

Although I couldn't travel to Japan, I am so happy that I instead chose to visit my older son Daishu and his family this summer in New Mexico. It was so much fun to play with my four-year-old and six-year-old granddaughters, albeit exhausting! I miss the large crowds at the Bon Dances, but I'm grateful that I can still enjoy chatting with occasional visitors over a cup of tea. The pain in my back is at times excruciating, especially in the morning. Still, I get out of bed each morning and go about my day. I told my son, Rev. Shuji, that as I heal little by little each day, "pain and I have become friends." So, as I enter the final months of



2021, I try to reflect positively upon this year, knowing that there are many things I am grateful for even during a global pandemic.

I encourage you to also try to reflect positively upon your experiences so far in 2021. By continuing to live each day to the fullest, let us be hopeful for a safe and enjoyable Thanksgiving and holiday season. With palms together in gassho and prayer, may the blessing and protection of Kannon-sama be extended to you, your family, and friends. Namu Kie Butsu, Namu Kie Ho, Namu Kie So.

In Gassho.

Bishop Shugen Komagata

Shugue Komagala

## Adjusting how you breathe

"呼吸を合わせる (Kokyu wo Awaseru)" Story by Rev. Daito Noda

#### Adjusting how you breathe

The Niihama region of Ehime Prefecture, where I did some monastic training, has a unique greeting in the morning. It goes like this: "O-hayō, kōkyū shiyon-na? (Good morning! Are you breathing okay?)" Folks respond: "O-hayō, kōkyū shiyoruzo" (Good morning. I'm breathing fine)."

We human beings die when we stop breathing. With a loud cry, we begin to breathe immediately after being born. Our lives end with a sigh at our last breath. We breathe in and out without thinking about it, according to the laws of nature. It would be the height of arrogance to not be awed and grateful at being able to breathe this way. There are people who are sick, who can no longer breathe on their own, and who must receive oxygen at a hospital. People in the Niihama care about each other by greeting others by asking if they are breathing.

This year, how about focusing on the source of our life, the very act of breathing? We must get to know ourselves well, in order to breathe in just the right amount of air suitable for our bodies. In addition, we must not neglect how we breathe, no matter when or where we are.

I think that how one breathes is the same as one's personal rhythm. At its essence, the universe moves according a particular rhythm. If we can align our own rhythm with that of the universe, I believe great energy will be unleashed. This universe is also called the Buddha's world. If you wish to improve exponentially or wish to accomplish more than what you think you can, how about starting by working out your own appropriate breathing pattern?

Alright. Here is the Niihama Style response: "Yes. I'm breathing fine."

